



Mystic Board

Written by Swetha Lodha of MysticBoard.com. Visit <http://www.MysticHealthCare.com>

Reiki Healing- A Mystic Health Care System



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Reiki healing– Truth Or Fiction?

Reiki, the term is so striking and wonderful in today's world that we hardly could resist ourselves from not feeling curious about it. Most of the [health and fitness articles](#) agreed to the fact that whether we believe it or not it brings a revolutionary change in [relaxation meditation](#). Reiki Healing and its touch therapy often remind us of some of the spellbound miracles of Jesus Christ.



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Why Reiki Healing Is So Useful?

Reiki is known as universal energy based on human touch. The word Reiki is a combination of two Japanese words, the place from where it is originated in 1970s, 'Rei' and 'Ki'. While 'Rei' denotes supreme intelligence 'Ki' means human force. As its name suggests Reiki is a miraculous healing process. In this restless modern world, people are falling prey to different frustrations and tensions. As a result they lose their mental stability and composure. A prolonged physical disease often leaves various side effects of medicines like mental weakness and depression. The empathetic human touch of Reiki provides a remedy to this sort of ailments.

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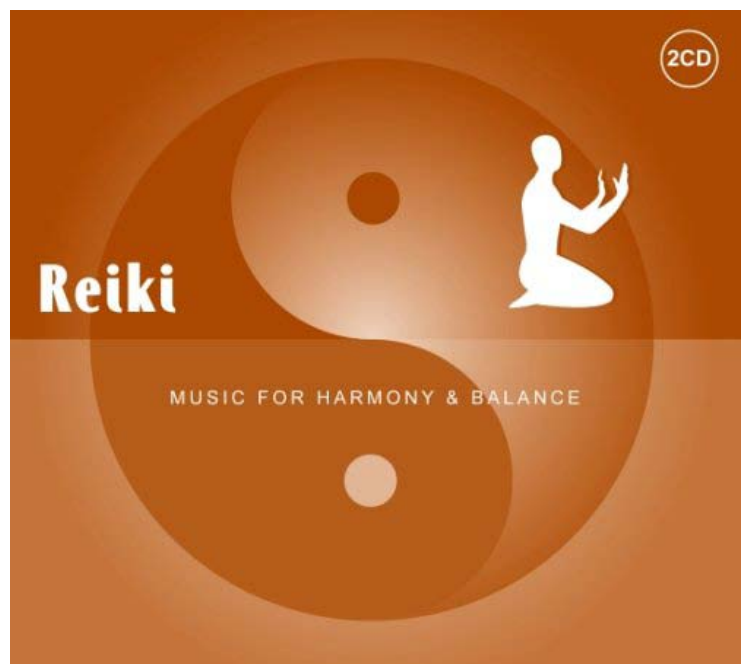
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Reiki Music

Reiki music is the most amazing part of the treatment. Even in normal life we all use a music therapy as a remedy to our bad mood. Here specialists use it even more



explicitly to soothe the patient's mind through Reiki music. It immediately works as a pain killer by diverting the patient's mind from the place of irritation.

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Process Of Reiki Health Care System

Reiki experts create an enchanting atmosphere by simmering lights and heart melting music. In this mind



relaxing atmosphere the practitioner touches the places where he considers Reiki is required. Sometimes they prefer complete silence and passing of energy occurs without direct touch.

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Reiki Healing Effect on Human Body

Reiki palm healing relaxation meditation is helpful in different ways-

- Mental relaxation and relief from tensions
- Immunity increases
- Blood pressure stays normal
- Sleep well
- Immediate pain relief
- Toxin balance and medicinal drug effect reduction.



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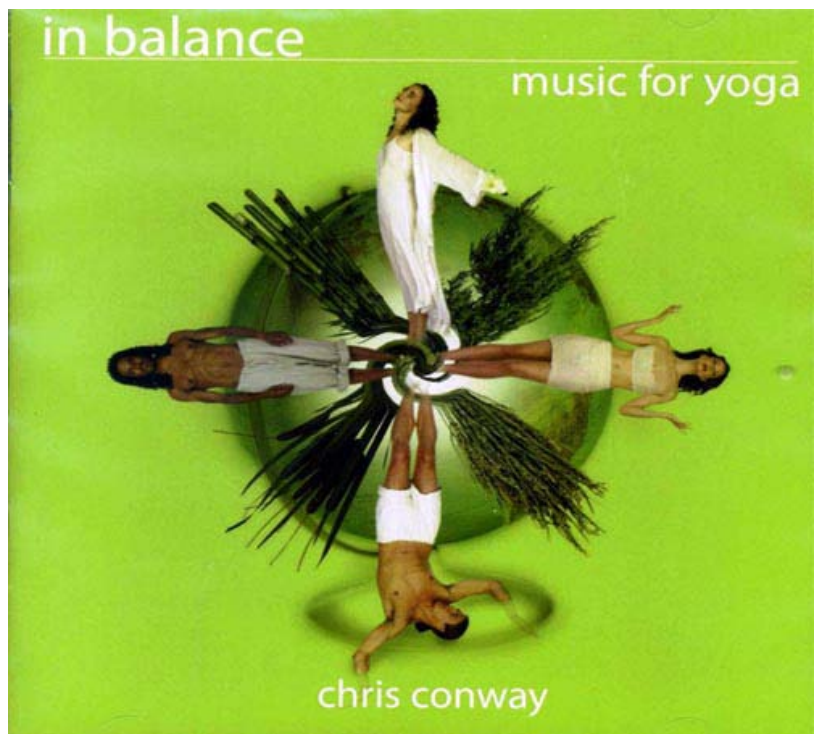
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Conclusion

Here comes the Reiki as one of the most phenomenal human innovation.

Online Reiki music is available and many clients are opting for Reiki Healing to

avoid poisoned effect of allopathic treatment and slow treatment process of Homeopathy.



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Author's Box

If you want to share your views, on Mystic Spiritual Healing Reiki, then log on to <http://www.mysticboard.com/reiki>



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